

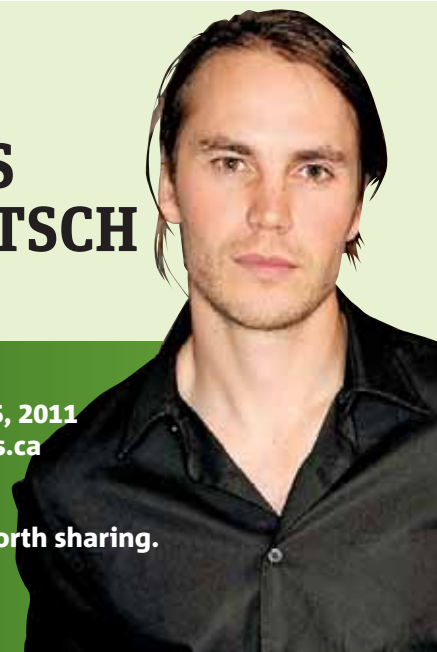
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**GET CREATIVE  
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News worth sharing.

**Easter.** Shubie Park



► The Easter Bunny poses with a pooch at the annual Easter B'egg Hunt at Shubie Park yesterday. Dozens of dogs and their owners came to sniff their way to hidden Easter eggs in support of Litters 'n Critters.

TERRA CIOFFE/FOR METRO

Egg hunt goes to the dogs

# Shooting leaves man dead

► Incident reported in North Preston neighbourhood ► Update will be given this morning ► Police are asking for anyone with information to contact them



**JENNIFER  
 TAPLIN**  
 @METRONEWS.CA

A 22-year-old man is dead in HRM's latest homicide.

It happened in North Preston on Easter Sunday. Just before 6:30 p.m., police received a call that a man was shot on Churchill Terrace.

When they arrived they found a severely injured man, and paramedics rushed him into an ambulance.

"He died on the way to the hospital," said RCMP Cpl. Scott MacRae.

Details were few last night, but MacRae said he believes the shooting happened outside and not in a residence.

He said he didn't know if there was a party before the shooting.

"I do know shortly thereafter there was a large gathering, but I don't know if there were people there before (the shooting) or just after," he said last night.

Police cordoned off the scene last night for investigators to comb the area this morning.



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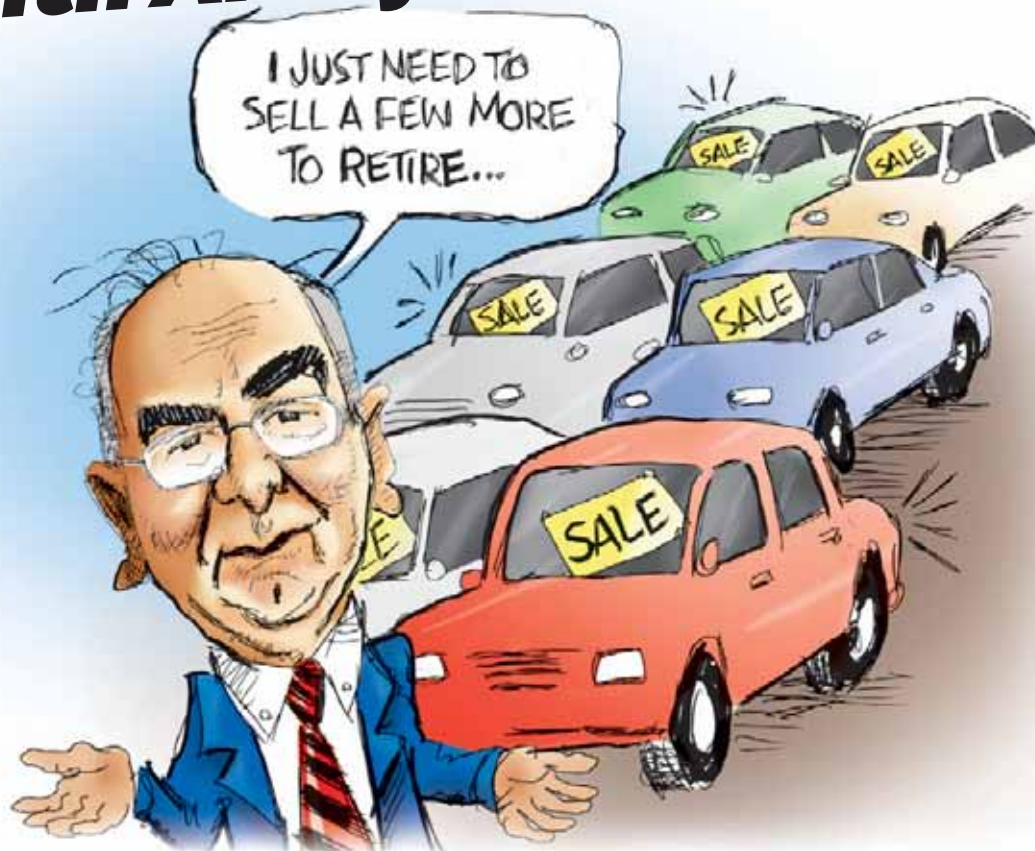
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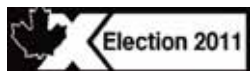
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# Maritime votes could be election harbinger

► Politicians battle for key Nova Scotia ridings of South Shore-St. Margaret's, Dartmouth-Cole Harbour



When the early returns start rolling in from the Maritimes on election night, Canadians will be looking for signs to determine if voters are ready or reluctant to hand Prime Minister Stephen Harper the majority he so covets.

One of the ridings that could serve as a harbinger is South Shore-St. Margaret's, where longtime Conservative incumbent Gerald Keddy is facing a stiff challenge from NDP rival Gordon Earle, who is contesting the riding for the fourth time — having lost to Keddy in every election since 2004.

Earle is a former MP and civil servant who served one term representing the neighbouring riding of Halifax West, which he won in

1997. In the 2008 election, Earle lost to Keddy by only 932 votes — the second tightest race in the country. If Keddy posts an early win on election night, Conservatives across the country will be eager to count it as a sign of things to come.

Meanwhile, one of the most hotly contested races in the region is the battle for Dartmouth-Cole Harbour, a largely suburban riding in the Halifax area.

The NDP have recruited former provincial leader Robert Chisholm to take on Liberal incumbent Mike Savage, who has held the riding since 2004. Chisholm came within a seat of forming the province's first NDP government in 1998. He quit politics five years later, eventually landing a job as regional director of the Canadian Union of Public Employees. **THE CANADIAN PRESS**

## Halifax-area riding one to watch

It's clear the NDP have targeted the riding of Dartmouth-Cole Harbour.

NDP Leader Jack Layton was on hand for

Robert Chisholm's nomination meeting and he returned to tour the riding at the midpoint of the campaign. As for Liberal Mike Savage, he won 39 per cent of the vote in 2008. But his NDP challenger, Brad Pye, wasn't far behind with 31 per cent. **THE CANADIAN PRESS**



► Zsuzsanna Zsohar, wife of Liberal Leader Michael Ignatieff, holds seven-month-old Wyatt MacDonald while visiting a children's hospital in Halifax on Saturday.

1

news



Twitter war between "stupidhead" and "boogerbrain" livens up the federal election.

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## Municipality not in the clear yet: Mayor

► Council to debate documents ► Budget vote scheduled for May 9, but can be pushed back if debate goes longer

As Halifax Regional Council prepares to debate the proposed 2011-2012 budget, Mayor Peter Kelly is warning that the municipality isn't out of the woods yet.

"We have some greater financial challenges coming before us," Kelly said yesterday.

"We need to look at all of the components to see where we can best utilize the efficiencies within the operations, and the staffing levels to see if they can be adjusted to offset costs. This budget will set that tone."

Council received the draft budget from newly hired Chief Administrative Officer Richard Butts and acting Chief Financial Officer Bruce Fisher last Tuesday.

Council will debate the documents on Wednesday, Thursday and Friday.

The budget includes a 4.3 per cent spike in operational spending coupled with a 7.6 per cent decrease in capital spending. Property tax rates will not be raised, although property assessment values will increase.

The budget was well received by council last week. Butts earned a round of applause when he announced that the popular outdoor skating oval could be paid for through efficiencies, and that staff were directed to double their efforts to crack down on overtime and discretionary spending.

Kelly applauded the work of Butts, but also that of outgoing CFO Cathie O'Toole, who left her position with the municipality this month.

● ALEX BOUILLIER

### Croquet. Game



► Matt Sheffield, front, and Jesse Sheffield play croquet in the woods at Point Pleasant Park yesterday. They played the same forest course in April last year.

TERRA CIOLE/FOR METRO

## A round at Point Pleasant Park

### Arrests come after beating

Police arrested two people yesterday in relation to a beating in Halifax. A 54-year-old male victim was left with lacerations and bruising.

Police arrested two women at the victim's residence and are looking for a third woman.

● JENNIFER TAPLIN

### Police search for robbery suspect

Halifax police are searching for a suspect after an armed robbery at a convenience store. Police say they responded to a 911 call from the Needs store on Highfield Park Drive just before 7 a.m. yesterday.

THE CANADIAN PRESS

### Suspects on the loose

A man was threatened with bear spray in the 1900 block of Upper Water Street yesterday morning by two suspects, who fled the scene before the police arrived.

Police say two suspects are white males, about 20 to 25 years old.

● ANDREW CALEY



# Halifax riding deeply entrenched

► Little movement foreseen in long-held NDP riding of Halifax  
► Incumbent Megan Leslie fighting her first election on her own track record



ALEX BOUTILIER  
@METRONWS.CA

The riding of Halifax is perhaps the most entrenched of the municipality's five electoral districts.

The riding covers the Halifax Peninsula, extending from the Bedford Basin all the way to Sambro. In 2008, 60.7 per cent of eligible voters turned out on election day.

The NDP have held Halifax since the riding was redistributed after amalgamation, with Alexa McDonough winning four straight elections in 1997, 2000, 2004 and 2006.

McDonough's successor, Megan Leslie, defeated the Liberals' Catherine Meade by a margin of 16 points in 2008, and has turned quite a few heads in Ottawa as the NDP's health critic. Leslie has yet to have a major issue define her in the riding, however. This is reflected in Leslie's approach to the campaign, which has been largely focused on her

experience and work in the capital.

The Liberal's Stan Kutcher, a first-time candidate, has had the benefit of several visits from high-profile Liberals, including two by Leader Michael Ignatieff in the past six months. Kutcher, a psychiatrist and professor at Dalhousie University, seems to be running a similar campaign to Ignatieff, emphasizing his approachability and desire to make parliament work.

Conservative candidate George Nikolaou has faced an uphill battle in the urban riding, with his party placing a distant third in the past three elections. Nikolaou, who runs an electrical company, made no bones about being new to politics during the all-candidates debate earlier this month, and focused on the Conservative platform of tax cuts and public safety.

The Green Party made some gains in the riding in 2008, ending up with just over eight per cent of the vote.

## Meet the candidates



► Michael Dewar

**Green** 26 years old. Male Co-Chair of the Young Greens Council (the Green Party's Youth Wing) and Youth Rep to the Green Party's Federal Council. Most people don't know that I am an aspiring author. Whenever my academic and political careers permit, I try to work on one of my novels.



► Stan Kutcher

**Liberal** 59 years old. I am not a career politician but I have been politically active since I debated with Trudeau and helped lead young doctors in their actions to improve our health-care system, including consultations for the Canada Health Act. This is the first time I have run for the public office.



► Megan Leslie

**NDP** 37 years old. First elected as MP for Halifax in 2008. I managed an independent coffee shop before attending law school.



► George Nikolaou

**Conservative** 38 years old. I am brand new to politics but not public service, with several years as acting president of the St. George Greek Orthodox Society. I'm kind and generous at heart. Helping the underprivileged is one of the driving factors in my life — something my parents instilled in me at a young age.

## What is the largest issue facing your riding?

The largest issue facing our riding in Halifax is the potential impact of global warming. If sea levels rise as they are projected to in current models, then important parts of our city will be inundated. A 7-metre sea-level rise would see high tide on the north side of Lower Water Street.

Preventing the dismantling of our health-care system. With the Canada Health Act about to be renegotiated I worry about what Stephen Harper might do to it. In the past he advocated scrapping it all together.

Creating the jobs of the future by fostering the growing knowledge-based and green economy in Halifax. This can be accomplished through support of research and entrepreneurship in green technologies and sciences, along with the continued promotion of Halifax as a hub for arts, culture and education.

Making sure that we see job creation and economic activity in Halifax through federal investments towards a new downtown convention centre and a national shipbuilding program.

## What do you bring to the campaign that your opponents don't?

I can appeal to youth in ways that older politicians cannot. I can show everyone that our federal government will impact the well-being of youth in our country, and demonstrate to young voters that political engagement can be just as fun as it is important.

A wealth of professional and volunteer experience (in health care, teaching and in business) both at home and internationally. As a health-care professional, for example, I have walked the walk for more than 25 years.

I have a background in community-driven social, economic and environmental justice advocacy. I am the only candidate running a carbon-neutral campaign, using initiatives like a bike-trailer to deliver signs. I am one of only five women under the age of 40 in the House of Commons.

My opponents are good people who are in politics for the right reasons, but the fact remains I am the only candidate who works in small business, understands what it's like to meet a payroll and create and maintain jobs.

## What changes do you want to see in the next Parliament?

I'd like to see at least one Green MP in the House of Commons, to fight for important environmental issues. Second, I would like to see our politicians work towards implementing an electoral system that is truly representative.

I want a government that is respectful of the people. It's time to stop tolerating bullies and reclaim our reputation as an inclusive and caring nation. We are a democracy. Let's start acting like one again.

We need to take real action on making prescription drugs more affordable. We need to establish a national housing strategy so that all Canadians have access to affordable and adequate housing. We must ramp-up support for the development and use of green technologies.

I would like to see the next Parliament pay more attention to Halifax issues — I'm proud of the fact that the Conservative Party is the only one that mentions Halifax in its national platform.

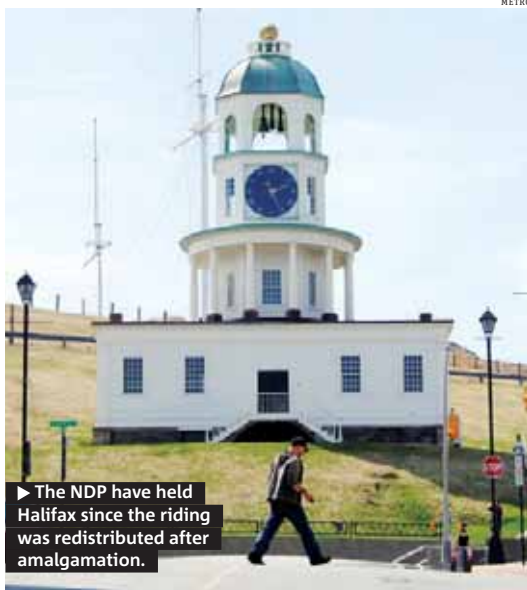
## What will you bring for the people of your riding?

For the people of my riding I will bring an MP who votes based on their will, rather than merely towing a party line.

As your MP I will work toward: The economic viability of our downtown. The creation of good-paying jobs. An enhanced cultural lifestyle. An increased recognition of our long naval tradition.

I am committed to promoting policies that will create knowledge-based jobs. I will support measures to address climate change and legislation that strengthens pensions and improves child-care. I will also continue to hold public workshops on issues like disability tax credits.

Federal investments in our local economy (the downtown, arts and culture, shipbuilding, the military) that will make a real positive difference in the lives of the people of this city.



► The NDP have held Halifax since the riding was redistributed after amalgamation.



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# Posting early results could cost you \$25K

► Elections Canada: Enforcement complaint-driven; officials won't monitor Twitter ► Rationale is to keep early results from influencing other voters



**JOE LOFARO**  
@METRONEWS.CA



Posting election results on social media sites before polls close on May 2 could land you a \$25,000 fine, says Elections Canada.

Section 329 of the Canada Elections Act prohibits transmission of results before all polling stations have closed.

"It's important for us just to remind people that this is still on the books because there are possible ramifications to it," said Elections Canada spokes-

person John Enright.

Still, Elections Canada's friendly reminder isn't sitting well with some Canadians.

Ottawa blogger Peter Raaymakers kickstarted a discussion on Twitter and since then Internet users worldwide have been weighing in on the ban.

On Thursday, he tweeted: "@mrbarnabyjones You really think people in the West are influenced by how people in the East are voting?"

Karren Brown from Alberta tweeted: "Think the law has be to (sic) reviewed & updated, but will respect Elxns Cda rules. Not a Conservative."

University of Ottawa Law professor Michael Geist offered his expertise earlier this month in an affidavit for a superior court case challenging the constitutionality of the provision.

He wrote that such a ban in 2011 is "simply not possible without inflicting enormous harm to freedom of expression and public confidence in the election system."

ADRIAN WYLD/THE CANADIAN PRESS



► Prime Minister Stephen Harper and wife Laureen help Ava de Souza find eggs during an Easter egg hunt in Royal Oak, B.C.

## Kids hopped for photo op

The Conservative campaign's military precision with events has raised more than a few eyebrows during four weeks of electioneering.

But Easter morning brought a new development. Harper held a photo opportunity with more than a dozen cherubic kids

at a suburban Victoria home. After he gave a brief formal address, the hostess asked the strategically posed children to go on an Easter egg hunt.

A Conservative campaign official quickly jumped in and said the kids were to stay in place while the national media asked

Harper their allotted four daily questions, as the children squirmed and chafed.

A Conservative party spokesman later explained that the children had to stay for the serious business because Harper wanted to take part in their Easter egg hunt.

THE CANADIAN PRESS





► This undated photo, provided by the office of U.S. Rep. Gabrielle Giffords, shows her with her husband, NASA astronaut Mark Kelly.

## Taking steps on the road to recovery

► Gabrielle Giffords standing on her own, even walking after Jan. 8 shooting in Tucson ► Most of the physical and speech recovery happens within 12 months: Doctor

Doctors say U.S. Rep. Gabrielle Giffords can walk a little and is even trying to improve her gait. But the report yesterday in the Arizona Republic adds the congresswoman herself is planning to "walk a mountain."

Giffords uses her left side and has begun making limited use of her right arm and leg, a common effect of a bullet wound on the left side of the brain, said Dr. Gerard Francisco, chief medical officer at Houston's TIRR Memorial Hermann, who works with Giffords daily.

"Her left side is perfect," said Pia Carusone, her legislative chief of staff. "She can do whatever

### Shuttle launch

► U.S. President Barack Obama, his wife Michelle, and daughters Malia and Sasha plan to attend the April 29 launch of the U.S. space shuttle Endeavour — the next-to-last flight for the shuttle fleet. It will be led by NASA astronaut Mark Kelly, the husband of congresswoman Gabrielle Giffords.

you can do." She said that even in her wheelchair Giffords has stringent posture: Tall, tight, strong — like always.

Nurse Kristy Poteet said Giffords pushes a cart up

and down the hospital halls as therapy, focusing on using the correct muscles. More therapy comes from games of bowling and indoor golf.

The Republic report — containing interviews over the past few days with her husband, doctors and others close to her — gives the latest picture of her recovery 15 weeks after a gunman opened fire in a Tucson parking lot, killing six people and wounding 13 others, including Giffords.

The physicians place her in the top five per cent of patients recovering from her type of brain injury, the newspaper said.

THE ASSOCIATED PRESS

### DEADLY RIOTS

## Muslims, Christians clash in post-election Nigeria

At least 500 people died in religious rioting that followed Nigeria's presidential election, a civil rights group said yesterday, as volatile state gubernatorial elections loom this week.

Meanwhile, police in the northern state of

Bauchi said at least 11 recent college graduates who helped run polling stations as part of the National Youth Service Corps have been killed in post-election violence, while other female poll workers have been raped.

Muslim opposition supporters began riots as results from the April 16 election showed Christian President Goodluck Jonathan had won the vote. Retaliatory violence by Christians soon followed, and officials say more than 40,000 people have fled their homes.

THE ASSOCIATED PRESS

## Mubarak ordered to med facility

An Egyptian prosecutor has issued an order to move former president Hosni Mubarak from his hospital in the Red Sea resort town of Sharm el-Sheikh to a military medical facility.

The order follows an examination of Mubarak's health to determine if he was fit enough to move. He was hospitalized with heart problems after he and his sons were ordered into custody. THE ASSOCIATED PRESS

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LIBYA

## Rap scene booms in Benghazi

A growing group of amateur rappers are inspiring rebel fighters heading into battle against Moammar Gadhafi's forces.

The music captures the anger and frustration young Libyans feel over decades of repressive

rule under Gadhafi.

One song is Youth of the Revolution, which rap group Music Masters wrote after the uprising began in mid-February.

The freewheeling rap scene developing in Benghazi shows how much has changed in eastern Libya in recent months. Rap, like other forms of Western culture, was despised by Gadhafi, who burned foreign musical instruments and books after he seized power in 1969.

THE ASSOCIATED PRESS

## Great divide in Yemen parties

Deep divisions within Yemen's opposition appeared to doom a proposal for the president to step down within a month, raising the prospect of more bloodshed in the nation.

President Ali Abdullah Saleh agreed Saturday to

transfer power to his vice-president in exchange for immunity from prosecution.

Thousands protested yesterday, claiming Saleh is buying time to cling to power.

THE ASSOCIATED PRESS

# Activists detained by Syrian forces

► More than 300 killed since uprising began: Human rights group



► A soldier stands guard on Friday in the central Syrian city of Homs. Security forces fired live bullets and tear gas at tens of thousands of people shouting for freedom and democracy. About 10 people were wounded.

Syrian security forces detained dozens of opposition activists and fired from rooftops in a seaside town yesterday as authorities turned to pinpoint raids after days of bloodshed brought international condemnation and defections from President Bashar Assad's regime.

The strategy, described by a rights activist, appeared to be aimed at rattling the opposition's leadership and showing that the state's ability to conduct arrest sweeps has not changed despite abolishing nearly 50-year-old emergency laws last week.

The rising violence —

### Travel advisory

► The federal government is advising Canadians is Syria to leave as soon as possible because of the growing unrest in the country.

more than 120 people dead since Friday — brought calls from the watchdog group Human Rights Watch for a UN inquiry.

Yesterday's tactics suggest a government effort to head off the round of protest marches.

THE ASSOCIATED PRESS

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# Insurance for tweets?

► You really shouldn't call your boss 'a fat cow' online ► But if you do, new policies could cover you

As more and more companies turn to Facebook, Twitter and other social-media sites to market products, communicate with customers and collect information, they leave themselves open to lawsuits over intellectual property infringement and defamation.

And where there's risk, there's the insurance sector. Brokers in Canada are starting to develop coverage for the consequences of unruly posts.

The liability risk stems from the fact that many companies don't have clear, written policies for social networking, says Eric Dolden, a Vancouver insurance lawyer.

"My boss is a big fat cow" is a very common tweet," he says. "But people often stupidly then say where they work and who their boss is in the tweet."

The legal ramifications can be significant. "We've seen people, in their personal capacities — the 'big-fat-cow boss' — bringing a lawsuit against the individual," Dolden says. "And we've also seen the compa-

**Social media insurance is "new in Canada. Brokers have caught on to what their colleagues are doing in the U.S. and have been very strong in promoting this class of business."**

**MALCOLM RANGLES, POLICY WRITER FOR KILN, A SUBSIDIARY OF LLOYD'S OF LONDON**

ny take action because their brand is now suddenly viral, negatively."

Dolden says demand for social-media coverage — which can cost up to \$100,000 for a \$10-million policy that protects against data loss and liability — is mostly from corporations.

But it's only a matter of time before firms offer personal insurance lines, much like automobile insurance for drivers.

"I think it's going to come for individuals. It's probably about five years out." **THE CANADIAN PRESS**

## Trade. Secrets



► High costs for its lawsuit over the Bratz dolls helped send Mattel's net income down 33 per cent.

THE ASSOCIATED PRESS/MGA ENTERTAINMENT

## Mattel loses Bratz race

Mattel Inc. lost its claim to the billion-dollar Bratz doll line on Thursday when a U.S. federal jury awarded the copyright to rival MGA Entertainment Inc., along with more than \$88 million US in damages for misappropriation of trade secrets. Mattel had long claimed the smaller company stole the idea for the pouty-lipped toys that gave its platinum-haired Barbie a run for her money.

## Radiation check for Japan cars

Japanese automakers are checking radiation levels on cars slated for export in a bid to ease worries among foreign buyers, the Japan Automobile Manufacturers Association says.

The automakers are inspecting 10 out of every 5,000 cars for radiation inside and on tires. Nothing has been detected so far, the group says. Japan has been struggling to contain radiation leaks since the March 11 tsunami damaged a nuclear power plant in the north. The checks will continue until the crisis subsides, the group says.

**THE ASSOCIATED PRESS**

## Home Depot bans pets

As of next month, Canadian pet owners will have to leave their companions at home when they go shopping at Home Depot. The chain is banning pets at its stores across Canada after an attack by a shih tzu sent an Ottawa-area employee to hospital last week. Home Depot said

the policy change was "the best decision for the shopping enjoyment and safety of all customers," but added that certified assistance dogs, such as guide dogs for the blind, will still be allowed in stores when the policy comes into effect on May 16.

**THE CANADIAN PRESS**

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# Gold rush era gets new life in Alberta

► This past week, the price of gold surpassed \$1,500 per ounce

It's been over a century since the last gold rush in Alberta petered out, but the record-high price for the precious metal has sparked a run on panning supplies and prospecting tools.

"Every day since Christmas, we've sold a gold pan. I've never seen anything like it," says Kathryn Walters of Bedrock Supply in Edmonton. "I definitely see gold fever this year."

And it isn't just pans that people are buying. Books on how to find gold are becoming almost as tricky to find as gold itself. New print runs have been ordered, and photocopied versions are filling the void until they're ready.

Neil Dougherty of Touchwood Enterprises in Edson, Alta., says sales of the metal detectors he stocks have doubled in the last two years. They cost \$5,595 and he sold 23 of them last year.

"I have more phone

calls than I can answer in the next few days," Dougherty says about the rush of new customers.

Some customers plan on taking the detectors as far as Sudan, Dougherty says. But others, according to Walters, don't plan on even leaving Edmonton and intend to pan on the shores of the North Saskatchewan River.

In the 1890s, gold seekers worked the river's banks and many industrial operators used steam-powered barges to dredge and sift the gravel in search of the powdery "flour gold" the river contained.

By 1907, the gold was gone and many of the original panners had moved north to the Klondike.

James Blower, in his book *Gold Rush*, wrote that the river's gold was believed to have flowed from "a great many small pockets" rather than from a single source.

THE CANADIAN PRESS

THE CANADIAN PRESS/HANDOUT PHOTO

► Doug Baker pans for gold on the North Saskatchewan River, not far from Edmonton, Alta., in this undated photo. It's been more than a century since the last gold rush in Alberta petered out, but the record-high price for the precious metal has inspired renewed interest.



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# CAST YOUR VOTE TO SPITE THE SYSTEM

## URBAN COMPASS

STEPHEN KIMBER  
METRO HALIFAX



Rick Howe was interviewing the organizer of an upcoming all-candidates' debate on poverty issues. Three of the four major parties, the man told the News 95.7 talk show host, would be sending a representative.

"Let me guess which one won't," Howe cut in.

He didn't have to guess. Neither do you.

One hour before what was supposed to be another all-candidates' event in Bridgewater last week, Gerald Keddy, the riding's Conservative incumbent, gleefully tweeted: "Heading to a special event with Senator MIKE DUFFY!!! It's going to be a wonderful evening." The special event was not the one at which he might be grilled publicly on his performance or his party's views; it was a private hob-knob fundraiser with Tories in Chester Basin.

Is this any way to run an election?

It seems to be. Parties leading in the polls traditionally run risk-averse campaigns. But Stephen Harper's control-freak control team has taken that calculatingly anti-democratic strategy to new, demagogic heights.

**"Vote. Even if you are in a riding where it won't change the result, every vote is one more that says, 'I didn't vote for this so don't pretend I did.'"**

No discussion, no debate, no mistakes.

Not that they do it well. The Tory campaign has careened wildly out of control from Day 1. Consider Bruce Carson. Consider Bruce Carson again. And again. Throw in leaks about G20 spending and heavy-handed prime ministerial political interference in appointments. Don't forget all those supposedly vetted Tory candidates who keep popping up to support the Tamil Tigers, or jump out of the Air India bombing closet, or claim credit for cutting funding for Planned Parenthood and "boy just wait until we get our majority ..."

So why do the polls still say Stephen (Five-questions-time's-up-on-to-the-next-staged-invitees-only-photo-op) Harper will form the next government — and might actually win a majority?

There are lots of reasons, but let's pick one. Our electoral system encourages targeting swing ridings rather than campaigning for broad support, which discourages people from voting in ridings where the outcome seems a foregone conclusion, which will then encourage Harper, should he prevail, to claim we have given him a mandate to do what he will.

Here's one small antidote: Vote. Even if you are in a riding where it won't change the result, every vote is one more that says, "I didn't vote for this so don't pretend I did."

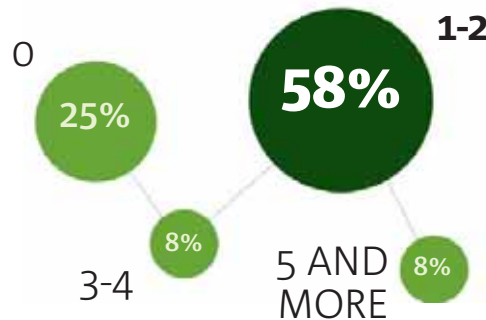
If nothing else, you will have earned your right to sport the sticker: "Don't blame me, I voted for ..."

It's not much, but it's something.



Register at  
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and take the quick poll

**How many times a week do you find time to exercise?**



## #elxn41: Be Heard

*Metro invited Federation of Canadian Municipalities CEO Brock Carlton and columnist Ivor Tossell to discuss urban issues and what's missing from the federal election campaign. The following are excerpts from the online chat.*

**METRO:** Why should a federal campaign address urban issues?  
**BROCK:** The federal government has a large role to play in our cities and communities. Their policies and programs have a direct impact on cities and towns. The feds cannot deliver to Canadians without working with cities. Our country is too big and complex to work in silos. And we need national leadership from the feds on key issues that affect our economy, the environment and social issues.

**IVOR:** Well, you could ask, what does the federal government have to do with health care, which is also a provincial matter? The fact is that cities are a central part of Canadian life, just like health care. A national vision for what it means to live in a Canadian city is important — it's quality of life.

COMMENT AT METRONEWS.CA OR HALIFAXLETTERS@METRONEWS.CA.

## Cartoon by Michael De Adder



## WEIRD NEWS

### Mystery person hops to it to help woman and pet

An anonymous donor has purchased a \$50,000 insurance policy to help an Oklahoma woman keep her pet kangaroo as a therapy pet.

The Broken Arrow city council is considering an exotic animal ordinance exemption that would allow Christie Carr to keep Irwin, the partially paralyzed red kangaroo, within city limits.

Council could vote May 3 on a proposal that would allow exotic

animal owners to keep their pets if they obtain a newly created permit. The permit would require them to have a liability insurance policy for any injuries inflicted by the animal, certification showing the animal has adequate housing for its health, and meet all U.S. federal and state guidelines for licensing, among other provisions.

Carr said she couldn't have afforded to purchase such a policy and even contemplated moving out of Broken Arrow to continue caring for the animal. Coun. Richard Carter said the ordinance exemption is designed to allow Carr to keep Irwin within city limits while safeguarding residents from potential harm the animal might cause. **THE ASSOCIATED PRESS**

## Local tweets



@amwurnig: Same temp in Halifax and San Diego.

Ohhhh yeahhhh  
@poodle\_douglas: I touched a horse today at the Halifax Junior Bengal Lancers Club. It was pretty neat! <http://www.bengallancers.com/>

@Kirk1977: A little surprised to discover there is no ferry service today. #Halifax  
<<http://twitter.com/%21/search?q=%23Halifax>>

@amy\_arts: Shaping up to be a BEAUTIFUL Easter Sunday in BEAUTIFUL

#Halifax  
<<http://twitter.com/%21/search?q=%23Halifax>> :) Sunnnnnnn!

@robokate: I just want you all to know that if Metalli-ca actually comes to Halifax, I will sell my soul to attend. Or a child. Or Ricky.

@Nicholas\_Toht: No turkey this weekend. Lots of money for leftovers you'll hate to eat on the third day. Making Homemade deluxe pizzas instead.

@DariaBilowus: So is everyone having a Hoppy Easter! \*groan\* yes I said! ☺ Peace ♥

2  
scene

## Box office



Anne Hathaway and Jesse Eisenberg's talking birds have edged out Tyler Perry's sass-talking grandma at the weekend box office. The animated family adventure *Rio* took in \$26.8 million to remain the No. 1 movie for the second-straight weekend.

Tyler Perry's *Madagascar: A Family Adventure* debuted a close second with \$25.8 million, another solid opening for writer-director Perry, who also stars as boisterous grandma Madea.

Reese Witherspoon and Robert Pattinson's circus romance *Water for Elephants* premiered in third place with \$17.5 million. **THE ASSOCIATED PRESS**



New generation of rap music drives Libyan rebels to defeat Gadhafi's forces.



VICTORIA WILL/AP PHOTO

► Taylor Kitsch portrays war photographer Kevin Carter in *The Bang Bang Club*.

# Kitsch Kitsch, Bang Bang

► Friday Night Lights star gets so into character for role as South African war photographer in *The Bang Bang Club*, he needed counseling to get back out



NED  
EHRBAR  
SCENE@METRONEWS.CA

Taking on the role of photojournalist Kevin Carter in *The Bang Bang Club* was hardly a vacation for Taylor Kitsch.

"I didn't sleep. It was a zoo to shoot," he says of the film, which tells the true story of a group of photographers covering the violent last days of apartheid in South Africa. "It wasn't a fun shoot for me at all. I had a lot of kidney problems playing Kev, through the diet and losing 30-something pounds."

Known to audiences for his work on *Friday Night Lights*, and starring alongside Hugh Jackman in *Wolverine*, Kitsch threw himself into playing Carter, starting before heading to Johannesburg for filming.

"I had two months to prep on my own in Austin, so that entailed shadowing a photographer, getting a Leica, which is about a 60-year-old film camera that Kev used, developing myself with that, shooting about five to 10 rolls a day and then losing the 30-something pounds just running every day in Austin," he explains.

"There's so much pressure I personally put on myself to do this guy justice, so I prepped and prepped so much. It brings your game up more. I would've done anything to get where I needed to be, to feel I could let the scene go. I was a wreck. It's an incredible amount of energy."

But any amount of effort was more than worth it, Kitsch insists, given how badly he wanted to do the film. "Even reading the script and fighting for the role, it was a matter of, like, I know I can play this guy truthfully," he says. "There's something that I know I could hit with him."

But while he worked relentlessly on getting into character, Kitsch wasn't necessarily prepared for how difficult it would be to get out of character, given the intense scenes Carter lived through. (Carter won a Pulitzer Prize for a photo of a young Sudanese girl resting being stalked by a vulture.)

"Some counseling was needed, and just separating yourself and being incredibly conscious of it and being OK that it's taking time to let go was a big thing for me.

"Playing other characters, I can let go and I can laugh a lot. It's not as heavy, obviously. But you take it home with you."

Luckily he won't be taking as much home with him again soon, as his next projects are more on the fun side. Of course, even his upcoming *BattleShip* — based on the board game — isn't without its gravitas.

"Just because it's this big film doesn't mean we can't have a very, very intense moment here or there, or have loss," he says.

Speaking of aliens, Kitsch will be keeping with the action genre as the title character in *John Carter of Mars*.

"I was looking at a 100-foot green screen and there was an X on it at the 75-foot mark, and that was supposed to be a ship that I'm blowing up," he says. "In situations like that, escapism is a lot harder as an actor, and tests you in different ways."

"With *Bang Bang*, I had a f---ing child and a vulture. If you can't put yourself in a present moment there, then you've got to go back to New York and study a bit more."

## Potter star Watson to transfer from Brown

A spokeswoman for Harry Potter star Emma Watson says she will be transferring from Brown University to another university in the autumn.

Vanessa Davies denied reports that the 21-year-old actress was "bullied out" of the Rhode Island university, saying there was no truth in reports by

a number of online publications who cited classmates and "insiders."

Davies said Saturday that Watson, who plays Hermione in the wizard movie series, has decided to pursue a different course not offered at Brown.

She added that the star "has absolutely loved her

time at Brown" and made many good friends there.

Watson has recently taken time out of her studies to focus on her movie career. She has said that her first days in college were difficult.

Davies did not identify the university Watson will be transferring to.

**THE ASSOCIATED PRESS**



GETTY IMAGES

► Emma Watson



## Celebrity tweets



Installed a red carpet in hallway and lined it with cardboard standees of interviewers so breakfast feels more like the '70s.



@SteveMartinToGo



@chriscolfer

My spirit animal is definitely a goldfish. One of those over grown ones in a home made koi pond. What's yours?

@GaryShandling

When I feel sexy I leave the top two buttons of my shirt open and my fly half-way down. It's a look.



# Lindsay facing serious jail time

▶ Lohan given 120-day sentence ▶ Could still be cleared

Though her felony charge was reduced to a misdemeanor, Lindsay Lohan was sentenced to 120 days in jail plus 480 hours of community service for violating her probation by allegedly stealing a \$2,500 necklace from a jewelry store, according to TMZ.

But Lohan isn't sunk yet, as the judge is giving the actress the chance to prove her innocence at a trial set to begin May 11.

Lohan posted \$75,000 bail and was released five hours later.

Her lawyer is appealing the decision.

● METRO



▶ Lindsay Lohan

GETTY IMAGES

## JLo ready to leave Idol?

Jennifer Lopez's tenure as a judge for American Idol may not last more than one season, as the singer is reportedly shopping

around her own reality competition show to networks, according to Entertainment Weekly.

● METRO

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You've got a good reason to buy this, besides it being anime and cool. Part of the proceeds will help the Red Cross efforts in tsunami-ravaged Japan. The company behind the doll, Ty, has pledged \$1 million to the Red Cross.



● MWN

TV

\$5.99, Ty.com



Lockdowns, mock DUI funerals: Prom security tight yet drinking continues.

## Yikes! Her first dance!

► This week, the Disney movie *Prom* premieres, reminding us how fun and scary a school dance can be ► Dr. Susan Newman, Ph.D., social psychologist and author of *The Book of NO: 250 Ways to Say It – and Mean It* and *Stop People-Pleasing Forever*, addresses parents' worries



SAM D'AMATO  
LIFE@METRONews.CA

METRO WORLD NEWS

**WORRY ONE:** Dances are basically foreplay for teen sex. I've discussed responsibility with my kid, but I am worried the advice will be forgotten after a night of dancing and too many episodes of *Gossip Girl*.

**SAYS THE DOCTOR:** The values and advice you have shared with your teenager hopefully have "sunk in" by the time prom rolls around. It is up to your child to be smart when it comes to sex. Worry about things you can orchestrate. Send your child off to have fun, but with a quiet reminder to be careful.

**WORRY TWO:** Someone else's kids are going to get drunk and drive. How do I warn my kid without sounding like a public service announcement? **SAYS THE DOCTOR:** You absolutely want to sound like a public service announcement! In the weeks leading up to the dance, remind your child of teen drunk driving tragedies. You can soften your parental stand by reminding your child that he or she is the most important thing in your life and it's your job to keep him or her safe. Sounds soppy, but it's true.

**WORRY THREE:** My child is an introvert and will prob-

ably spend the entire evening against the wall. What should I do?

**SAYS THE DOCTOR:** You might suggest that your child arrange to attend the dance with a group of friends or one friend. Beyond that, there's not a lot a parent can do ... and trying to hard makes the situation worse. If you try to discuss it, your child will tell you don't understand — and you probably don't. It hurts parents to see a child suffer, but as parents we have to accept the fact that we can't protect our children from every insult.

**WORRY FOUR:** There's an after-prom party at some other kid's house. The parents are out of town. There will be no chaperones. When do I storm in and act like a police officer?

**SAYS THE DOCTOR:** You don't. Why can't parents say NO anymore? The teen brain is not fully mature, particularly the part that thinks ahead, weighs consequences, and manages emotional impulses. Parties without chaperones tend to get out of hand easily: uninited guests appear, alcohol and drugs get consumed, noise levels rise and judgment fails. Neighbours call the police and your child winds up in a situation he or she never intended. Boundaries, parents, that's your job. Say no or offer to hold the party at your home.



► What to wear will not be the only decision your child will have to make.



## Something old...

► Will Kate Middleton wear a family heirloom?

It's guaranteed that Kate Middleton will wear a tiara on her wedding day. What we don't know is if it will be old, new or borrowed from the royal vault.

Giftng a royal bride with a tiara as a wedding

present is a long-standing royal tradition. For her wedding, the Queen presented Diana with The Cambridge Lovers Knot tiara, which was made in 1911 for Queen Mary. Sarah Ferguson was given

a tiara the royals purchased from Garrard. Sophie, Countess of Wessex, was given a custom-made tiara. It featured jewels from a necklace belonging to Queen Victoria.

● ALISON MCGILL/ WEDDINGBELLS

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# New spin on classic chicken & waffles

► What do pancake mix, barbecue sauce, nachos & chicken have in common? ► They're used to create this dish

## DINNER EXPRESS

EMILY RICHARDS  
FOOD@METRONEWS.CA



I never back down from a challenge, so when Canadian Family magazine asked me to participate in the launch of its Food Awards, I was game.

The awards honour the top brands used in Canadian households, and will be announced in a special Winter Food Issue. In the meantime, readers can vote and participate in the Canadian Family Creative Cook Challenge ([canadian-family.ca/creative-cook-challenge](http://canadian-family.ca/creative-cook-challenge)), during which they must use ingredients provided by Canadian Family to create a dessert.

My challenge involved pancake mix, plain yogurt, barbecue sauce and more. I came up with Crunchy Chicken Salad Waffle Wraps. I used the pancake mix and yogurt help to create a light fluffy waffle that stays soft and can be used to wrap the chicken, or simply serve it on top.

### Preparation:

**1** Place pancake mix in bowl; set aside. In another bowl, whisk eggs, yogurt, milk and butter. Whisk into pancake mix until smooth.

**2** Heat waffle iron. For each waffle brush lightly with oil; pour in scant ½ cup (125 mL) of the batter. Close lid and cook for about 4 minutes or until steam stops and waffle is golden. Remove gently and repeat with remaining batter; set waffles aside.

**3** Crunchy Chicken: In shallow baking dish, whisk barbecue sauce, mustard and thyme. Add chicken and turn to coat evenly; set aside for 10

minutes or cover and refrigerate 8 hours.

**4** Meanwhile, combine nachos and mum mums in resealable bag and crush into fine crumbs. Add parsley. Place a few chicken strips in bag and shake to coat. Place coated chicken on parchment paper lined baking sheet and repeat with remaining chicken. Bake in 425 F (220 C) oven for 15 minutes or until no longer pink inside. Top waffles with lettuce and chicken.

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT [EMILYRICHARDSCOOKS.CA](http://EMILYRICHARDSCOOKS.CA).

### Ingredients:

- 1 cup (250 mL) Aunt Jemima Original pancake mix
- 2 eggs
- 1 cup (250 mL) Activia plain yogurt
- 1/3 cup (75 mL) milk
- 2 tbsp (25 mL) butter
- Crunchy Chicken:**
- 1/3 cup (75 mL) Diana gourmet barbecue sauce
- 2 tsp (10 mL) Dijon or yellow mustard

- 1/2 tsp (2 mL) thyme
- 1 pkg (425 g) Maple Leaf Prime boneless skinless chicken breasts, cut into strips
- 3 cups (750 mL) Doritos nacho chips (Nacho cheese or Cool Ranch)
- 2 pkgs Toddler Mum Mums
- 2 tbsp (25 mL) chopped fresh parsley or basil
- Romaine lettuce leaves



► Be sure to have ranch dipping sauce or hot sauce to drizzle for added flavour.

## The cheese champion

Louis d'Or, a milky rich cheese with fine, complex flavours from Quebec, has been chosen grand champion at the Canadian Cheese Grand Prix.

Louis d'Or is made by Fromagerie du Presbytère in Sainte-Elizabeth-de-Warwick, Que.

The cheese gets its name from the Louis d'Or farm, which produces the organic milk used to make it. The name of the cheese also refers to the French currency of the same name used under the reign of Louis XIII in 1640.

The cheese, made in a

40-kilogram wheel, also won in the firm, farmhouse and organic categories.

A seven-member jury made up of Canadian cheese experts selected the grand champion from among 17 category winners. **THE CANADIAN PRESS**

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# Making green

► Canadian companies emerging as leaders in the clean-tech industry



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With each Earth Day that passes, our world becomes more ecologically aware. New, emerging technologies are greener, and vast profits are out there for innovators with the right product, in the right place, at the right time.

Canadian companies are beginning to do very well in the clean-tech field — but not without some considerable risk.

"You have to approach the market in a very strategic manner," says Gael Mourant, president and

CEO of ARXX, a leading supplier of Insulating Concrete Forms (ICFs) for energy-efficient construction.

"The construction industry is very averse to change. You have to make people comfortable with the idea they can do things differently, but at the same time, actually get a better product at a more cost-effective price."

ARXX is based in



► Clean-tech is getting a "thumbs up" and providing new investment opportunities.

Cobourg, Ont. Mourant says proximity to the United States is a significant advantage for Canadian clean-tech firms.

"Americans are very receptive to working with Canadian companies, because they see Canadians as being honest and forthright, and as innovators," she notes. "Primarily,

Canadians are very adaptable. I think we're very open to new ideas. The idea of green buildings and energy savings is very rooted in Canada."

Scott MacDonald is a partner at Emerald Technology Ventures, an investment firm specializing in clean-tech start-ups. He sees deteriorating global

## Clean tech

### Cash for clean tech

► Fund Premier Darrell Dexter recently announced a new \$24-million fund to give the province's clean-tech companies better access to critically needed capital. "Knowledge-based companies like [these] create good jobs, help grow the economy, and are vital to Nova Scotia's future prosperity," the Premier said.

infrastructure as a huge opportunity for Canadian firms.

"There are 70 to 100-year-old assets — around the world — where they don't have technology and innovation right now," he says. "We're trying to make the grid smarter. We're trying to identify where leaks in water systems are. That's not an emerging market. That's a market that exists, that isn't presently efficient. We're taking real business problems that exist today, and finding clever solutions that are better for the environment."

## CHOICES FOR GREEN MOMS

Are cloth diapers the most eco-friendly choice, or are there disposable options that make the cut? *Andrea of London, Ont.*

## QUEEN OF GREEN

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Disposable diapers are landfill magnets — in some cities diapers and

other disposables (razors, plastic wrap, paper coffee cups) are estimated to make up about eight per cent of total household waste. Disposable diapers are also made from plastic, with chlorine-bleached stuffing and added fragrance chemicals. The good news is that cloth diapers aren't what they were 30 years ago.

Today they're stylish, eco-friendly (some are even manufactured with wind power), 100 per cent organic cotton, and you can find brands made in Canada — definitely a worthy choice. There's no need to buy new cloth diapers either. Source them from thrift or secondhand stores — they're wash-

able, after all. Surf online for "green" mommy websites too. They host a plethora of tips, advice and product reviews by real moms. Word on the street is a diaper service makes a perfect baby shower gift and can be cost-competitive option to disposables.

Another option, teetering between disposable and reusable, is the gDiaper. Like a cloth diaper, it has a reusable gPant that you line with a biodegradable or compostable gRefill — you can only compost the wet ones not the poop ones. These refills are free of elemental chlorine and perfumes. The company also makes a reusable cloth insert. The gRefill is actually one of the first consumer packaged goods with "Cradle to Cradle" certification. That means everything that goes into making the biodegradable and flushable gRefill breaks down in 50 to 150 days.



David Suzuki Foundation

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# A small-city student with big-city ideas

## STUDENT VOICE

KATE MACKENZIE  
TALENTEGG.CA

For me, a student from a small Nova Scotia university, the hardest part of finding a summer job is getting top employers based in large cities to take a second look at my application.

During a recent family vacation, I met a group of five students from the University of Guelph.

When they asked where I attended school, I replied, "Acadia University." To my surprise, not a single one of them had heard of the school.

After that encounter, I couldn't help but wonder if employers were thinking the exact same thing: Uh, Acadia? Who?

If this is true, at least in some organizations, how is this affecting my applica-



► Kate MacKenize

tion during the selection process?

From an employer's perspective, it is certainly justifiable to hire the candidate from the school known for its strong academic standing or the school that you can identify with ("Our organization is based in Toronto so it makes sense to hire from

the University of Toronto"). After all, the aim is to hire the brightest and most qualified.

However, from the Nova Scotia student perspective, this makes standing out in a sea of applications that much more difficult.

When I'm applying for a job in Toronto from my residence room at Acadia

in Wolfville, N.S., population 3,800 (7,000 during the school year), I can't help but feel like there's a giant wall between myself and the employer.

And, if they're thinking the same thing — who is Kate MacKenize, what is Acadia, and where the heck is Wolfville — then it seems likely that my application may come second to, "Ah yes, Jane Doe from Queen's. I went to Queen's too!"

I know that this isn't always the case and that many organizations make a sincere effort to fairly evaluate all candidates. However, I think that some companies could improve their recruitment processes by recognizing the gap between small-town students and big-city jobs and adjusting their application accordingly.

Small changes, such as assigning recruiters to regions across Canada and

using technology such as Skype to do interviews, can make a huge difference. These adjustments make the recruitment process less location-specific and less intimidating. They also allow the employer to really get to know the candidates face-to-face to ensure that they're hiring the best of the best.

Also, by including students from many different schools and locations, organizations will only benefit from the increased diversity and perspective.

### Where Kate is now

Ironically enough, I proposed this exact idea to an organization based in Toronto and explained the unique perspective that I could bring to the company as a result of my East Coast experiences. Now, I couldn't be more excited to be working for that company this summer!

### Key take-aways from Kate's school-to-work transition

- If you attend school in a different city than where the organization you want to work for is located, briefly explain the discrepancy in the email or cover letter and outline your plans for relocation.
- Don't be afraid to ask for an interview over the phone or through a video chat program like Skype — in-person interviews aren't the only option.
- Worried your school isn't as recognized as some of the more high profile institutions? Focus primarily on your accomplishments in your resumé and cover letter, but be prepared to discuss the quality of your education in the interview.

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## Post-grad plunge

## TURNING POINT

TERESA KRUIZE  
LIFE@METRONEWS.CA



Unconventional and a risk taker. That describes Ottawa interior designer Jason Bellaire,

who says that you have to get past your fear and believe in yourself if you're going to be successful in business.

After struggling with his career in his 20s, Bellaire decided to go back to school at the age of 30 to study interior design and architecture.

Jason raised a few eyebrows in the industry when he started his own company six months after graduation.

"It was hammered into our heads at school that you had to apprentice for five or six years before going out on your own. I had to overcome my fear and



► Jason Bellaire, co-owner of StyleHAUS interiors.

now looking back over the last two years I can't believe how far I've come."

Jason and his partner, Denise Hulaj, are the hot new design team taking our nation's capital by storm with 10 projects on the go.

He has this advice for people who are thinking about starting their own business.

"Plunge into the darkness, ignore the monsters and don't be afraid to ask for advice."

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# HEALTHY & HAPPY BODIES

## PHYSIO CAN TREAT A WIDE RANGE OF CONDITIONS

When people think about physiotherapy, there can be a number of misperceptions they have about the profession, including the conditions it can treat.

"I think people think about the sports, work and motor vehicle injuries," says Jenn MacKinnon, a physiotherapist at the Lacewood Physiotherapy Clinic. "So anything outside that scope, I don't think people realize we can help."

On its website ([theshands.ca](http://theshands.ca)), the Canadian Physiotherapy Association

lists the conditions physiotherapists can treat. Besides the ones MacKinnon mentioned, there are a number of surprising conditions listed, including multiple sclerosis, dizziness and urinary incontinence.

"If you have vertigo, physiotherapy can help," adds Gillian Lirette, a physiotherapist and the owner of the Lacewood Physiotherapy Clinic.

She notes this is a condition her clinic doesn't treat, but it is one of the conditions people do not realize can be treated by physiotherapy.

Another misperception people have about physiotherapy is just who can use it.

"We very rarely see people bringing in children, so I don't know whether they know we can help," notes MacKinnon.

Physiotherapy is an option for pretty

much people of all ages.

"We see people up into their late 80s, early 90s," says Lirette, although she notes that if the children are really young, she'll send them to the IWK for treatment.

"I would say anywhere from eight and up is what we tend to see here," she says.

One last misperception of physiotherapy is how people can access treatment.

"Physiotherapy is direct access, meaning you can walk off the street and come see us and we can diagnose you and treat you," says Lirette.

While physiotherapy is covered by some medical plans, some of these plans require a doctor's referral in order for the treatment to be covered, so it's a wise idea to check with one's doctor first to cover that base.



Gillian Lirette and Jenn MacKinnon are physiotherapists at the Lacewood Physiotherapy Clinic. They say there are a number of misperceptions people have about the profession.

## FALLS A GROWING PROBLEM

With Canada's aging population, the issue of fall prevention in seniors is one that will probably gain a higher profile in the coming years.

Physiotherapists often work with seniors recovering from falls and can help seniors develop a plan to mitigate the risk of falls.

"I think there are lots of reasons why falls start to happen as we age," says Deborah McLane, a physiotherapist with Capital Health. "There's age-related muscle weakness, your joint mobility tends to diminish and your balance may be impaired."

She says impaired balance could be related to medication use, while vision problems might be another reason.

Physiotherapists can help seniors develop an exercise plan to increase their strength, flexibility, endurance and balance to minimize fall risks.

"I think being active is the most important thing as you age, to get out and do something even if it's just going for a walk," says McLane. "But if you're engaged in a program like Tai Chi or some low-level exercise program that challenges your strength, mobility and balance, that's kind of an ideal situation."

While a fall might be perceived as a person going from a standing position to the floor, that isn't entirely true, says Lynn Boudreau, a physiotherapist who works alongside McLane.

"One thing people don't often recognize is people often define a fall

differently," she says. "But really, a fall is going from one height to another."

According to the Canadian Physiotherapy Association (CPA), falls occur in about 30 per cent of older adults every year, which result in injuries or sprains in 50 per cent of

the cases.

One of the ways to prevent falls is to make one's home safer. The CPA recommends people take steps such as improving the lighting in their home, removing trip hazards and using non-slip mats in the bathroom/shower.



Lynn Boudreau and Deborah McLane are physiotherapists with Capital Health. They say there are a number of reasons why falls start to happen as people age.

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# Mooseheads GM readies for draft

RYAN TAPLIN/METRO


► Halifax Mooseheads general manager Cam Russell during his time as an assistant coach this past season.

► Russell finalizes draft ranking at combine ► Talks trade with Drakkar, other general managers



**MATTHEW WUEST**  
@METRONEWS.CA

Cam Russell can cross off an important item from his off-season to-do list.

The Halifax Mooseheads general manager spent the weekend in Boisbriand, Que., attending the QMJHL scouting combine and finalizing his team's ranking of prospects for the June 4 draft.

The three-day event brought together the top draft-eligible players from Quebec and Atlantic Canada for fitness testing, practices and scrimmages.

"It's an important part of the process, for sure," Russell said on Saturday. "We'll come up with our final list (on Sunday) and it gives us a good opportunity to find out where everybody fits in before the draft."

The Mooseheads have the fourth overall pick and a whopping eight picks in the first five rounds.

Russell and his staff not only got a good look at the prospects on the ice and in fitness testing, they also spent four hours each night conducting interviews, getting to know the prospects away from the

rink.

"Interviews are really important," Russell said. "First of all, you need to know if the players are going to come if you draft them, and second, it gives us a chance to learn more about them, and whether it's a kid that would fit in with the group of kids we have in Halifax."

With the ranking completed, Russell doesn't get much time to relax. The next six weeks will be spent on trade talks — primarily trying to pry the top pick away from the Baie-Comeau Drakkar so he can nab top prospect Nathan MacKinnon.

"Pretty well every GM is here, so it's a good opportunity to talk about things," he said. "There are lots of talks ... But it's still way too early for anybody to be finalizing decisions."

## Around the Q

The Saint John Sea Dogs have a 2-0 lead over the Lewiston Maineiacs in the QMJHL's best-of-seven semifinals. The Quebec Remparts and Gatineau Olympiques are tied 1-1.

4

sports

## Up and down

### Eric Crookshank

The Halifax Rainmen forward has been named PBL defensive player of the year for the second straight year. Crookshank led the PBL in rebounds with 10.8 per game and was third in blocks with 22.



### Serverko Hrywnak

The PBL's chairman of the board announced on the weekend the circuit is reorganizing "the PBL officiating structure" to "include a review board comprised of a representative member of each franchise."

## Pacioretty apologizes to Marchand

Injured Montreal Canadien Max Pacioretty has apologized for a comment he made on Twitter making fun of Bruins forward Brad Marchand's nose.

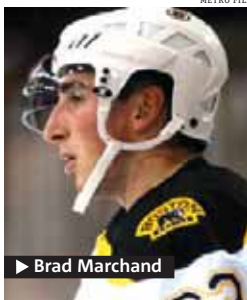
During Saturday night's double-overtime game between Boston and Montreal, Pacioretty posted, "this game is longer than Marchand's nose."

Later, Pacioretty posted

an apology, saying, "I was trying to be funny earlier, and it didn't work. I apologize to Marchand and won't try to be funny that way in the future."

Marchand, a Hammonds Plain native, scored a second-period goal in the game, which the Bruins won 2-1 to take a 3-2 lead in the best-of-seven series.

THE CANADIAN PRESS



► Brad Marchand

## IIHF UNDER-18

## Canada stumbles out of medals

Canada finished fourth at the IIHF world under-18 championships in Germany after a 6-4 loss to Russia in the bronze-

medal game yesterday.

Halifax Mooseheads forward Brent Andrews finished with one assist in six games.

The Czech Republic, featuring Herd forward Martin Frk, avoided relegation and finished eighth. Frk had a goal and four assists in six game. The United States won their third-straight gold, beating Sweden 4-3 in yesterday's final.

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## Leino lifts Flyers to Game 7

Ville Leino scored 4:43 into overtime to lift the Philadelphia Flyers to a 5-4 victory yesterday and force Game 7 of their first-round playoff series against the Buffalo Sabres.

Danny Briere scored twice while Brian Boucher stopped 24 shots in the latest Flyers goalie shuffle. Boucher took over to start the second period after Michael Leighton allowed three goals on the first seven shots. Scott Hartnell had a goal and assist and James van Riemsdyk also scored for the Flyers, who overcame a two-goal deficit.

Chris Pronger returned for the Flyers, but played sparingly after missing 21 with a broken right hand.

Thomas Vanek scored twice for Buffalo, while Rob Niedermayer and Nathan Gerbe also scored.

THE ASSOCIATED PRESS

# Canucks on brink of monumental collapse

► **Schneider starts over Luongo, but falls to injury early in third period**

The Vancouver Canucks have gone from a win away from a series sweep to the brink of elimination.

Ben Smith scored at 15:30 of the first overtime period as the Chicago Blackhawks forced Game 7 in their first-round series with the Canucks with a 4-3 win last night.

Michael Frolik scored the tying goal in regulation for the Blackhawks early in the third period on a penalty shot. His goal came less than two minutes after Kevin Bieksa gave Vancouver a 3-2 lead.

Bryan Bickell and Dave Bolland also scored for Chicago.

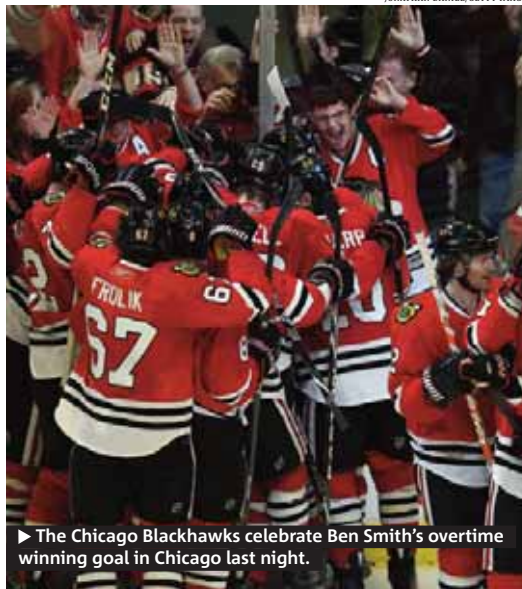
<b>4</b>	<b>3</b>
CANUCKS	HAWKS

Daniel Sedin and Alex Burrows had the other Vancouver goals.

Cory Schneider was a surprise start in goal for Vancouver in place of Roberto Luongo, but was injured trying to save Frolik's penalty shot.

Luongo came off the bench to finish the game.

Game 7 is tomorrow in Vancouver. THE CANADIAN PRESS



► The Chicago Blackhawks celebrate Ben Smith's overtime winning goal in Chicago last night.

## Playoff wait is over for Predators

Nick Spaling scored his second goal of the game at 4:53 of the third period and the Nashville Predators closed out their first post-season series victory to advance to the Western Conference semifinals, beating the Anaheim Ducks 4-2 yesterday.

Steve Sullivan scored a goal, David Legwand had an empty-netter and Jordin Tootoo assisted on Spaling's goals. The Predators won the series 4-2 in their sixth post-season in seven seasons.

Jason Blake scored a power-play goal, and Teemu Selanne also had a goal for the Ducks. Anaheim looked tired early after blowing a lead late before losing Game 5 in overtime. Coach Randy Carlyle went heavily with his top two lines, trying to rally. THE ASSOCIATED PRESS

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## PERSONALS

## Personals

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## Skilled and Technical Help

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HALIFAX

**Statistics Canada** is looking for interviewers in the Halifax Regional Municipality and surrounding areas.

**Job description:** conducting computer assisted telephone interviews to collect statistical data.

**Wage:** as specified in the Collective Agreement, hourly rate of \$14.72, plus evening and weekend premiums

**Type of position:** temporary

**Working Hours:** part-time, day, evening and week-end shifts

**Education:** High School Diploma or equivalent

**Language Requirement:** English Essential Position

**Requirements:**  
experience working with the public;  
basic experience using a computer;  
Canadian citizen or permanent resident;  
18 years or older.

If you meet the above criteria, please send your resume to the attention of **Jennifer Wall** by midnight Tuesday April 26th.

**By fax:** 1-800-972-7780

**By e-mail:** jennifer.wall@statcan.gc.ca or  
alaine.crowell-hemming@statcan.gc.ca

**Please note:** Statistics Canada is committed to the principles of diversity and employment equity under the Employment Equity Act, and strives to ensure that our workforce reflects the diverse nature of Canadian society. We encourage women, Aboriginal peoples, people with disabilities and visible minorities to self-identify.

INTERVIEWEURS  
OPÉRATIONS DES ENQUÊTES STATISTIQUES  
HALIFAX

**Statistique Canada** est à la recherche d'intervieweurs dans la municipalité régionale d'Halifax et ses environs.

**Description du poste :** effectuer des entrevues téléphoniques assistées par ordinateur pour la collecte de données statistiques.

**Rémunération :** selon la convention collective, salaire horaire de 14,72 \$, plus primes de soir et de fin de semaine

**Type de poste :** temporaire

**Heures de travail :** temps partiel, jour, soir et fin de semaine

**Scolarité :** diplôme d'études secondaires ou l'équivalent

**Exigence linguistique :** Poste anglais essentiel

**Exigences requises :**  
expérience de travail avec le public;  
expérience de base d'utilisation d'un ordinateur;  
être citoyen(ne) canadien(ne) ou résident(e) permanent(e);  
être âgé(e) de 18 ans ou plus.

Si vous répondez aux exigences ci-dessus, faites parvenir votre curriculum vitae à l'attention de **Jennifer Wall** d'ici minuit, le mardi 26 avril.

**Par télécopieur :** 1-800-972-7780

**Par courriel :** jennifer.wall@statcan.gc.ca ou  
alaine.crowell-hemming@statcan.gc.ca

**Veillez noter :** Statistique Canada s'est engagé à respecter les principes de diversité et d'équité en matière d'emploi énoncés dans la Loi sur l'équité en matière d'emploi et veut s'assurer que son effectif soit le reflet de la diversité de la société canadienne. Le ministère invite les femmes, les Autochtones, les personnes handicapées et les membres des minorités visibles à préciser volontairement leur groupe d'appartenance.

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*We wish to thank all candidates; however, only those under consideration will be contacted.*

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## Public Auctions

## Public Auctions

## Public Auctions



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## Crossword

### Across

- 1 Sugar meas.  
4 Historic time  
7 Jump  
11 Oil cartel  
13 Fresh  
14 Part of the foot  
15 "Why not?"  
16 "CSI" evidence  
17 "Monopoly" card  
18 "Get lost!"  
20 "Why not?"  
22 Scarlet  
24 Takes pleasure in  
28 Capistrano bird  
32 Block the flow of  
33 Cab  
34 Chatter  
36 Egypt's river  
37 British —  
39 Completely en-  
grossed  
41 Brownish-gray ante-  
lope  
43 Marshy area  
44 Legislation  
46 Incorrect  
50 Not pizzicato  
53 Multipurpose truck  
55 Olympic sword  
56 Food  
57 Yank  
58 Knitting need  
59 Big village  
60 Sudden turn  
61 Parcel of land

### Down

- 1 Playthings  
2 Detail, for short  
3 Bartlett or Bosc  
4 Conclusion  
5 Nevada city  
6 Not sleeping  
7 Nine-day queen of  
England  
8 Before  
9 Expert  
10 Third degree?  
12 Schulz lad  
19 Tillis or Torme  
21 Moreover  
23 Pooch  
25 Leave out  
26 Christmas  
27 Raced  
28 Use a swizzle stick  
29 Cleanse  
30 Wheelbase termi-  
nus

- 31 Series of battles  
35 Chest protector  
38 Old French coin  
40 Solemn promise  
42 Butterfingers  
45 Needle case  
47 October birthstone  
48 Pianist Peter  
49 Mannered bloke  
50 Performance  
51 Greek P  
52 Cal's mama  
54 Omelet need

### ► Yesterday's answer

MOST DEB ADAM  
IDEA IRE SILO  
NORM SAL TSAR  
DREAMT TSETSE  
LEI ER  
JADE NUDENESS  
ALI CSI SOO  
RESPIRES USPS  
TED TIN  
ANALOG AFFECT  
LEST ANNO PAH  
DATE LAC LEGO  
APED AGE DEER

## Sudoku



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

### Yesterday's answer ►

1 5 3 6 9 8 4 2 7  
8 4 9 1 2 7 3 5 6  
6 7 2 5 3 4 8 1 9  
5 9 4 7 8 1 6 3 2  
2 8 1 3 6 5 7 9 4  
3 6 7 2 4 8 5 8 1  
7 1 8 8 5 2 9 4 3  
9 3 5 4 1 6 2 7 8  
4 2 8 9 7 3 1 6 5

## Send a KISS

You can now post your kiss, and read even more kisses, online at [metronews.ca/kiss](http://metronews.ca/kiss).

*Anna, Babe, Happy 17th Month, I enjoy all the times we've been together, thank you for everything. I love you with all my heart~*  
From YIK

*Moya Lubov, I wish I could go 15 hours in the future and 10,000 kilometres across the ocean. We'd write another article together, you'd wear your RCMP shirt, and recite me Japanese poetry. xo*  
From SOLNYSHKO

*Nathan Crane, I love you with all my heart and I'm so glad that we are together. I would shower with you in a thousand roses.*  
From ADRIAN

*Roxie, Since you've crept into my life Into every pore you have seeped I no longer know where I end and you begin Forever...we...are...*  
From FRANCIE

## Today's horoscope

♈ **Aries** March 21-April 20 You will have to make some kind of sacrifice today, and you should do so willingly.

♉ **Taurus** April 21-May 21 Make the most of your opportunities.

♊ **Gemini** May 22-June 21 Find a way to switch off the chaos and confusion of the outside world.

♋ **Cancer** June 22-July 22 You CAN change things for the better, but you've got to work with like-minded souls.

♌ **Leo** July 23-Aug. 23 The more negative others get the more determined you'll be to prove them wrong.

♍ **Virgo** Aug. 24-Sept. 22 Don't sit back and wait for others to take the lead — take it yourself and set the agenda.

♎ **Libra** Sept. 23-Oct. 23 Listen to your instincts and act on what they tell you.

♏ **Scorpio** Oct. 24-Nov. 22 Make a special effort to get along with the people you live, work and do business with.

For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

♐ **Sagittarius** Nov. 23-Dec. 21 If you neglect something small today something big could fall apart.

♑ **Capricorn** Dec. 22-Jan. 20 Push doubts aside and take the kind of risks you usually try to avoid.

♒ **Aquarius** Jan. 21-Feb. 18 Certain people are going to make life difficult for you today.

♓ **Pisces** Feb. 19-March 20. Start conversations with total strangers. ● SALLY BROMPTON

## Caption contest



## WIN! You write it!

Write a funny caption for the image above and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.

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## Happy 50Th Anniversary – Rick & Darlene (Toole) O'Hearon – Married April 25th 1981

We all know 50 years just isn't quite right The "Sands" of time are finally in sight We know 30 years is the real milestone (I set this up, using my satellite phone!!) Needless to say, Fred's help was needed To make sure my surprise, for you succeeded He was reluctant at first, but soon caved in He's a prankster too, and he loved the end

So my anniversary gift to you both this year Is this "Reminder," even though I'm not near I'll be thinking of you both on your big day From across the water and sand, so far away We'll celebrate later with Kelly, Randy and Tyler

This summer is when down by the trailer So go to "The Midtown," have a big steak I'll bring dessert later, down by the lake

All those years at Transit, have come to an end Mom's deserved retirement, is just around the bend So now my ditty is ending, you enjoy your big day Have fun explaining, you're big 50th away You'll have to agree, I got you good With help from the man, who sells the wood So Happy Anniversary, to the best Mom & Dad From Ylam Jr., your son and favourite "Lad"

Happy Anniversary and Best Wishes from Son John





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